

Walk Highlights

Chalk grassland is home to a wide variety of plants and animals. Grazing animals help to maintain the balance of different plants found here, which provide valuable food for rare butterflies including the Adonis blue, silver-spotted skipper and Duke of Burgundy. It is also a home for many threatened birds, including skylarks.



Adonis blue butterfly © Mark Heighes

St. Catherine's Hill is a wildlife-rich chalk grassland nature reserve with an abundance of wildflowers and butterflies. The Hill is also an Iron Age hill fort and boasts spectacular views over Winchester and the Itchen Valley. The reserve is owned by Winchester College and managed by the Wildlife Trust. In the summer, look out for musk orchids and frog orchids on the south facing slope.



View from St. Catherine's Hill © Chris Newbury

In December 1991, **Twyford Down** became the site of the UK's first road protest camp when environmentalists gathered to try and hinder work on the construction of the final link in the M3. Despite years of protests, the highly controversial road building project was completed in 1994.



Twyford Down monument

The Itchen Navigation Heritage Trail Project is a Heritage Lottery Fund project managed by the Wildlife Trust, preserving an internationally important chalk river system for future generations. Find out more about the Itchen Navigation at:

www.itchennavigation.org.uk



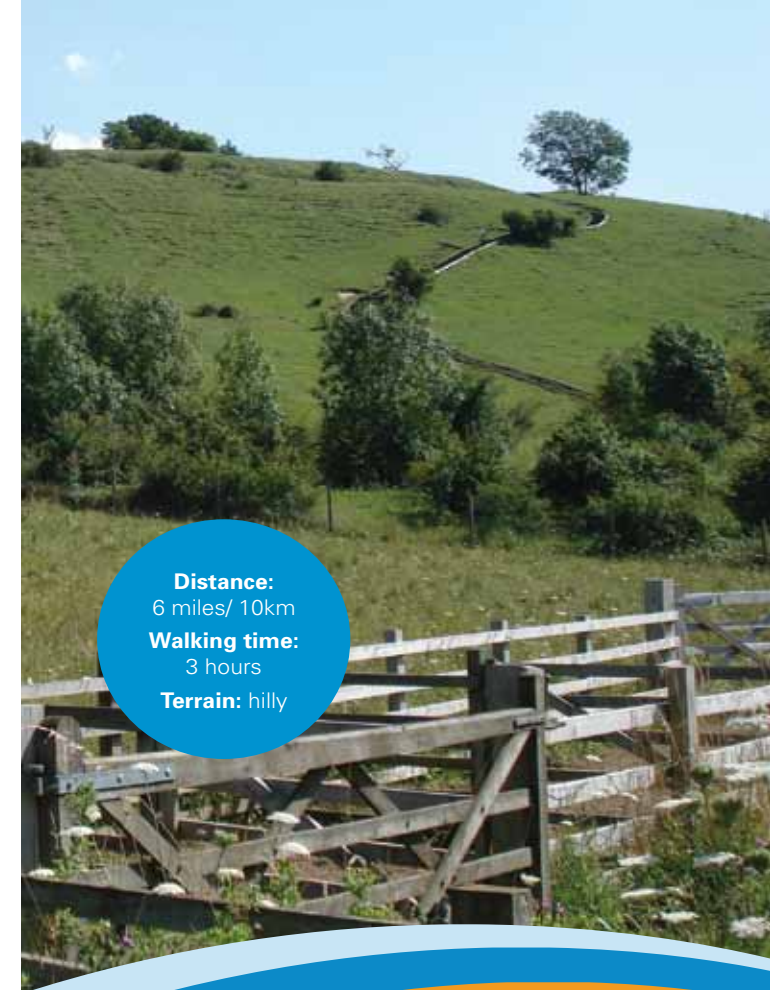
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KINGFISHER TRAIL Twyford



Distance:
6 miles/ 10km
Walking time:
3 hours
Terrain: hilly

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